

Deposition Of:
Ivor Garlick, M.D.

December 8, 2017

Russell Pitkin and Mary Pitkin
vs.
Corizon Health, Inc.; et al.

Case No.: 3:16-cv-02235-AA



Ivor Garlick, M.D.

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1 A. I did hear about it, yes.

2 Q. Do you know whether that had anything to do with
3 Corizon losing the contract in Lane County?

4 A. No.

5 Q. What about Washington County, do you know why
6 Corizon lost its contract in Washington County?

7 A. There were a lot of staffing issues at Washington
8 County, and it was difficult to get staff, nursing staff.
9 But I -- the specifics of why they decided to not renew our
10 contract, I do not know. I'm not privy to that.

11 Q. Do you know whether it had anything to do with the
12 death of Madaline Pitkin?

13 MS. AZEVEDO: Object to form.

14 A. I do not know that.

15 Q. (By Mr. Jones) What currently is your role in
16 utilization management, Doctor?

17 A. I obtain all the consults that are requested by
18 the site medical directors and nurse practitioners, PAs, at
19 our sites and I review them to -- for utilization for
20 off-site services.

21 So if someone needs to see a cardiologist, they
22 will ask me if -- they will give me the reasons why they
23 need to see the cardiologist and I will allow it or not
24 allow it.

25 The reason I don't allow it is I don't have enough

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1 the jail?

2 A. I was familiar with parts of that contract.

3 Q. In that contract, Doctor, you may recall that
4 there were provisions, one of which was that monitoring
5 shall include, at a minimum, documented vital signs and a
6 determination of levels of consciousness every two hours in
7 severe cases of detoxification for drugs and/or alcohol.
8 That's the kind of thing that I'm talking about, Doctor.

9 To the extent that a contract called for specifics
10 on medical care, how was it the staff was trained on that
11 issue?

12 MR. HANSEN: Object to the form.

13 A. May I see that?

14 Q. (By Mr. Jones) Yeah.

15 Let me refer to something, Doctor. This is
16 Exhibit 21, Bates stamped page WC001100.

17 A. It's the first time I've seen this.

18 Q. Okay. But you are aware, I'm assuming, Doctor,
19 that the contracts between -- let's just say the contract --
20 were you aware that the contract between Washington County
21 and Corizon had medical specifics within it, like what I --
22 like the provision I just showed you?

23 A. I was -- I cannot recall knowing that there was so
24 many specifics, that there were medical specifics, as you
25 said.

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1 Q. But is that unusual, though, in your contracts?

2 MR. HANSEN: Object to the form.

3 A. I -- I haven't seen it in any contract. But then
4 I -- I may not have seen that part of the contract.

5 Q. (By Mr. Jones) And here is what I'm trying to
6 figure out, Doctor. If the contract calls for Corizon to
7 monitor severe cases of withdrawal every two hours, for
8 instance, how is it that the staff hears about that?

9 MR. HANSEN: Object to the form.

10 A. That -- that's a very vague statement in my
11 opinion, because what is a severe case and how is that
12 determined, which is not in that paragraph, and I, you know,
13 don't usually monitor people every two hours.

14 It depends on their condition, it depends on what
15 is happening with them, depends on, you know, many factors.
16 And for a blanket every two hours, I know of no such policy
17 that we have in any of our jails.

18 Q. (By Mr. Jones) I guess maybe a way to -- do you
19 know, Doctor, whether -- because you did quite a bit of
20 training and inservice for the health professionals at the
21 Washington County Jail, did you not?

22 A. Yes.

23 Q. Did you ever train them on that particular
24 contractual provision we just reviewed?

25 A. Not that I can recall.

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1 **about, Doctor?**

2 A. I would talk to them about taking care of patients
3 during detox.

4 **Q. What specifically --**

5 A. From mild to severe.

6 **Q. What specifically would you say to them?**

7 A. I would go through the evaluation, I would go
8 through how you get a history from a patient, the COW's,
9 CIWA, talk about the importance of vital signs, talk about
10 the way in which you monitor the patient, and then we would
11 go through medications and a lot more.

12 **Q. Would you expect your medical director there at
13 that jail, or any jail that you have under your purview, to
14 know what an acute care facility is?**

15 A. Sorry. Can you ask that again?

16 **Q. Would you expect your medical directors within a
17 jail like Washington County to understand what an acute care
18 facility is?**

19 A. I -- I suppose so. I'm not sure what you mean.

20 **Q. Do you know what an acute care facility is,
21 Doctor?**

22 A. Such as a hospital.

23 **Q. I'm just reading from the standards published by
24 the NCCHC, Doctor, and it references acute care facility.
25 Do you have a working definition for what that term means?**

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1 A. Their definition, I do not know how they define
2 it. I mean, acute care hospital facility is somewhere where
3 they can administer acute care, emergency care for a
4 patient.

5 Q. **When you talked to the staffs, like those at**
6 **Washington County, about intoxication and withdrawal, what**
7 **kind of guidance would you provide them in terms of when you**
8 **refer someone to an acute care facility or hospital setting?**

9 A. My guidelines are if a patient is having more
10 trouble that we can't take care of them, sometimes they are
11 stumbling, you know, alcoholics start going through DTs and
12 they are unsteady on their feet and they are falling, we
13 refer them because alcoholics get very confused, et cetera.

14 I mean, when people are not responding to
15 treatment as we would expect them to.

16 Q. **So --**

17 A. If their medical condition is deteriorating.

18 Q. **Yeah.**

19 THE VIDEOGRAPHER: Excuse me, Counsel, your
20 microphone.

21 Q. **(By Mr. Jones) What would you tell them**
22 **specifically about opioid withdrawal, and when -- what kind**
23 **of guidance would you -- providing that you were training**
24 **them, when to send those suffering from opioid withdrawal to**
25 **acute care facilities, hospital settings?**

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1 MR. HANSEN: Object to the form.

2 A. Again, same -- the same answer would apply.

3 Q. (By Mr. Jones) Would you agree, Doctor, that
4 opioid withdrawal if not properly treated, can be deadly?

5 MR. HANSEN: Object to the form.

6 A. Opioid withdrawal is -- is mostly not deadly. It
7 is unusual for people to die of opioid withdrawal.

8 Q. (By Mr. Jones) But you would agree --

9 A. Most do not. Alcohol withdrawal, yes. Benzo
10 withdrawal, yes. Opioid withdrawal is not usually a deadly
11 condition.

12 Q. But it can be, wouldn't you agree, Doctor?

13 A. Can rarely be, yes.

14 Q. Dehydration, Doctor, if not properly treated, can
15 that likewise be deadly?

16 MR. HANSEN: Object to the form.

17 A. People do die of dehydration, yes.

18 Q. (By Mr. Jones) And my question is, if -- would
19 you agree with the proposition, Doctor, if not properly
20 treated by a healthcare staff, dehydration can be deadly?

21 MR. HANSEN: Object to the form.

22 A. Dehydration can be deadly, yes.

23 Q. (By Mr. Jones) Symptoms associated with opioid
24 withdrawal would include diarrhea commonly, Doctor? Would
25 you agree with that?

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1 A. Yes.

2 Q. Vomiting?

3 A. Yes.

4 Q. Coming back to the components of this culture of
5 patient safety that Corizon was establishing, we've talked
6 about the importance of well-trained staff.

7 It is also important, is it not, Doctor, to have a
8 sufficient number of -- and you write type of staff at any
9 given facility. Is that -- is that -- would that be
10 accurate as well?

11 MR. HANSEN: Object to the form.

12 A. Our goal is to have the right number of staff,
13 yes.

14 Q. (By Mr. Jones) If you don't have the right number
15 of staff, it renders your institution less safe, doesn't it,
16 Doctor?

17 MR. HANSEN: Object to the form.

18 A. Staff have to work harder who are -- who are
19 there.

20 Q. (By Mr. Jones) Let me ask it this way, Doctor.
21 Would you agree that if the staff is not properly trained,
22 you run the risk of rendering the facility less safe for
23 your patients? Would that be an accurate statement?

24 MR. HANSEN: Object to the form.

25 A. Well, I think it -- anywhere if staff is not

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1 wrong with this statement, it's quotations from an article
2 and it's a very general statement and it -- it -- there's
3 another aspect to what this person is saying here, because
4 it talks about, there's personal failure so much as
5 limitations and effectiveness of the treatment. There's
6 also -- there's a whole gap here because they don't mention
7 the motivation of a patient to actually accept treatment.

8 So I agree with the statement but it -- it's not a
9 complete statement.

10 Q. Okay. Does Corizon use Suboxone in its
11 correctional -- in its settings to treat withdrawals?

12 A. We use Suboxone at a few of our facilities, very
13 few.

14 Q. Why is it limited to just a few, Doctor?

15 A. Because it is something that doctors need to be
16 specially trained for, they have to get a waiver to be a
17 Suboxone licensed physician, and it's not an essential part
18 of our treatment withdrawal protocols but it's a good added
19 treatment.

20 Q. Are you licensed to supervise the use of Suboxone?

21 A. I am.

22 Q. What does Suboxone do, Doctor?

23 A. Suboxone is a -- it's a partial agonist, partial
24 antagonist opioid, and it helps people maintain a state of
25 functionality even though they're receiving an opioid.

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1 Q. You see it as an effective treatment?

2 A. Extremely.

3 Q. Do you -- do you have any other drug that rivals
4 Suboxone within your tool kit there at Corizon to treat
5 withdrawals?

6 MR. HANSEN: I'm going to object to the form.

7 A. Suboxone is a good way to treat. You asked me
8 before if it is an effective treatment. It's an effective
9 treatment for maintenance treatment. It's also an effective
10 detox medication. But the medical protocol we have is a
11 very good treatment program too.

12 Q. (By Mr. Jones) Has there ever been anyone that
13 was licensed to utilize Suboxone at the Washington County
14 Jail based upon your knowledge?

15 A. No. Not at the time I was there.

16 Q. Do you have to have somebody on site with that
17 kind of licensure or can it be somebody like a regional
18 person --

19 A. You -- no, you should have somebody on site to --
20 to administer it.

21 Q. In other words, your medical director should be
22 qualified to administer Suboxone before it is done.

23 A. Some medical directors are. Some are not. It's
24 not an absolute requirement.

25 Q. Yeah. Have you ever been on a health safety

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1 can't hear, seeing lights, hearing voices, please help me.

2 MR. HANSEN: Object to the form.

3 Q. (By Mr. Jones) Did Dr. McCarthy ever mention that
4 patient to you?

5 MR. HANSEN: Object to the form.

6 A. I don't think we talked about any patient. I
7 can't remember that we did.

8 Q. (By Mr. Jones) Did you ask him, Doctor, if he was
9 concerned about any patient out on the ward -- out in the
10 jail?

11 A. I didn't ask him but I asked Mandy.

12 Q. What did Mandy tell you?

13 A. Mandy said that there was no problems there that
14 she wanted me to talk about -- or that she needed to talk to
15 me about. Paraphrased.

16 Q. Dr. McCarthy was the only medical doctor at that
17 jail, wasn't he, Doctor?

18 A. Yes.

19 Q. And as you fired him that day, did you ask him
20 were there -- something to the effect of, is there anything
21 I ought to know about with regard to any of the patients out
22 there?

23 A. I don't recall that I asked him that.

24 Q. Did you ask him whether he was concerned about any
25 of the patients out there?

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1 A. I can't remember that I did ask him that.

2 Q. And, yet, it's your recollection he did not
3 volunteer to tell you whether he had concerns about any
4 patient out in the jail; is that correct?

5 A. Correct.

6 Q. When did you have any discussion with Mandy
7 Forsmann about patients out in the jail? Is it before the
8 meeting or after the meeting?

9 A. After the meeting, I had some time before my
10 flight left to come back to Denver and I said to her, is
11 there anything you need me for, any problems? I was just
12 biding some time, I thought if there was something I could
13 help with while I was there, I would be happy to do that.

14 Q. Did it come to your attention at that time or in
15 the days that followed that Ms. Forsmann was aware of
16 Ms. Pitkin's plight at the time of your visit on the 23rd of
17 April?

18 A. I have no idea what she was aware of.

19 Q. If she was aware, you would have expected her to
20 tell you that, wouldn't you, Doctor?

21 MR. HANSEN: Object to the form.

22 A. Depends on her -- I just asked an open-ended
23 question, did you need anything. If she said no, I trusted
24 that she didn't feel anything was necessary to tell me
25 about.

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1 according to what's in the kite.

2 Q. But this is a --

3 A. So that's the value of actually talking to the
4 patient and assessing the patient yourself from the kite.
5 It's not we don't trust this. It's just we want to see what
6 the patient is talking about.

7 Q. So this -- this patient is experiencing constant
8 vomiting and diarrhea, can't keep her medicines down and she
9 feels near death, what else do you need to know before you
10 would contact a physician?

11 A. You need to talk to her, you need -- this is what
12 she wrote. It's like when you go to the doctor, you tell
13 the doctor what's wrong, but then he's going to ask other
14 questions or she and examine you and then make a decision
15 and then decide what to do. You don't just say I have
16 appendicitis and send you to the doctor for an appendix to
17 be taken out.

18 So -- so the evaluation needs to be elaborated on
19 by the nursing assessment and then she can decide whether
20 she calls the doctor or not.

21 Q. Does this appear to be a progression based -- from
22 the previous notation, the previous healthcare request?

23 A. Pretty much it looks like it.

24 Q. Can't sleep. Is that a symptom of opioid
25 withdrawal?

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1 A. Yes.

2 Q. Why does that happen, Doctor?

3 A. There's a -- when the opioids are -- when the
4 opioid is absent, the opioid receptors are activated. The
5 part of the brain that gets activated is -- it is part of
6 the brain where if it's activated, you can't sleep. It's
7 very specific nucleolus.

8 And so part of the Clonidine works in that area so
9 it helps people sleep. There's limitations to giving the
10 Clonidine but it's because of the activation of that area in
11 the brain.

12 Q. Muscle cramping and twitching. Is that also a
13 symptom of opioid withdrawal?

14 A. Yes.

15 Q. Dehydration?

16 A. Dehydration is a complication.

17 Q. Is -- is -- is -- is muscle cramping and twitching
18 a manifestation of dehydration?

19 A. It could be.

20 Q. Everything hurts. Is that a manifestation of
21 opioid withdrawal?

22 A. Yes.

23 Q. Can that also be a symptom of dehydration?

24 A. I don't think so, really.

25 Q. Weakness to the point where she felt she couldn't

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1 stand. Is that also a manifestation of opioid withdrawal?

2 A. They are restless, they feel weak, they feel
3 tired, they're not sleeping.

4 (Interruption.)

5 MR. JONES: Let's go off the record.

6 THE VIDEOGRAPHER: We're going off the record at
7 11:40.

8 (Recess from 11:40 a.m. to 11:44 a.m.)

9 THE VIDEOGRAPHER: We're back on the record. The
10 time is 11:44.

11 MR. JONES: We took a break there. What was my
12 last question? If you can read that back.

13 (The requested portion was read back by the
14 reporter.)

15 Q. (By Mr. Jones) So that is a manifestation of
16 withdrawal from opioids?

17 A. Can be, yes.

18 Q. Fainting. Is that a manifestation of opioid
19 withdrawal?

20 A. Not usually.

21 Q. Is it occasionally?

22 A. Well, it's usually a complication of something.

23 Q. Yeah. Like what, Doctor?

24 A. Like volume loss.

25 Q. Is the fainting a symptom associated with

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1 dehydration?

2 A. It can be.

3 Q. Is that what you meant by volume loss?

4 A. Yes.

5 Q. Volume is important to perfuse the organs?

6 A. Correct. Blood volume.

7 Q. Under these circumstances with the constant
8 vomiting and diarrhea, there can be an electrolyte imbalance
9 occur?

10 A. It's possible, yes.

11 Q. What's the important -- what does an electrolyte
12 imbalance mean to you?

13 A. Electrolyte imbalance implies that there's a
14 disruption in the sodium level, the potassium level, the
15 chloride level, and the way in which the water in the
16 body -- in the vascular system is retained. And other side
17 effects.

18 Q. What's the danger of something like that occurring
19 in this situation?

20 MR. HANSEN: Object to the form.

21 A. The danger of electrolyte imbalance is that it can
22 cause other medical problems, hyponitremia, hypokalemia, it
23 can all cause their own effects.

24 Q. (By Mr. Jones) Can it cause a cardiac arrhythmia?

25 A. It can.

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1 Q. Which can be fatal, can't it, Doctor?

2 A. Yes.

3 Q. Is it sufficient under these circumstances here,
4 what we see on April 21, for an LPN to be the decisionmaker
5 on what ought to occur next?

6 A. Well, an LPN often evaluates the medical request
7 and some LPNs are outstanding and they know what they're
8 doing, they do a good job. And I have no idea who this
9 person is or actually what she did, but an LPN can do this,
10 yes.

11 Q. Go to the -- back to where we started, Doctor,
12 with the healthcare request form from April 23 of 2014.
13 It's Bates stamped 1947, Exhibit 10. Should be just the
14 next page, I think, Doctor, in there.

15 Your version may be a bit faint, and I apologize
16 for that.

17 Coming back to this, this is the third or fourth
18 call for help. I haven't been able to keep food, liquids,
19 meds down in six days. What's the concern that gets raised
20 if meds aren't able to -- if a patient can't keep the meds
21 down?

22 A. Well, if -- we're concerned if people can't keep
23 their meds down, they are not getting their meds, so they
24 are not being effective.

25 Q. Well, you're prescribing something to treat

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1 going on and everyone thought -- well, whoever the provider
2 was or the nurse felt this is the reality, that is -- I
3 agree that it's a life-threatening situation.

4 Q. (By Mr. Jones) In addition to the LPN that made
5 the finding over -- 40 over UA, the director of nursing was
6 interviewed by the police in the aftermath, Doctor, and
7 Leslie O'Neil said -- O'Neil told me that UA meant they were
8 not able to get an accurate blood pressure on Pitkin.
9 O'Neil told us she tried to get a blood pressure reading on
10 Pitkin and that she had a difficult time getting a reading
11 on her.

12 So if you have 40 over UA and you have a director
13 of nursing having a difficult time getting a blood pressure
14 reading, isn't that someone that needs to go to the
15 hospital, Doctor?

16 MR. HANSEN: Object to the form.

17 A. Did she say why she had a difficult time?

18 Q. (By Mr. Jones) Is that important?

19 A. Well, if the cuff wasn't working, if the cuff was
20 too large or too small. You know, if that was her blood
21 pressure that she just -- she absolutely tried her best with
22 the best available equipment and she couldn't get a blood
23 pressure, yes, that's life-threatening.

24 Q. You will see, Doctor, there were multiple blood
25 pressures taken throughout her stay at the jail, were there

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1 not?

2 A. Yes.

3 Q. Multiple blood pressures recorded, weren't there?

4 A. There was several.

5 Q. Was it significant, then, that now, all of a
6 sudden on the 23rd, we have at least two practitioners that
7 you and I have talked about that have indicated they were
8 having a hard time getting a blood pressure. That is
9 significant, is it not, Doctor?

10 MR. HANSEN: Object to the form.

11 A. So -- so I know we've answered this, but I wasn't
12 there when this was happening. So if the clinicians at the
13 time who were there, the DON was there, whoever was there,
14 decided this was not life-threatening, I would like to know
15 why and what they were seeing at the time.

16 Q. (By Mr. Jones) Okay. But in the training that
17 you do, Doctor, if you get something like this where you
18 have a difficult time, you can't get blood pressures from
19 someone who is detoxing from opioids, don't you instruct --
20 don't you train your people to get that patient to a
21 hospital setting?

22 MR. HANSEN: Object to the form.

23 A. I think I have answered that question many times,
24 yeah.

25 Q. (By Mr. Jones) You do?

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1 A. I think I've answered that question many times.

2 Q. Is the answer yes?

3 A. The answer is, find out what the facts are and
4 then make a decision as to whether the patient should go
5 out. If it's truly 40 over UA, I would send the patient
6 out.

7 Q. Okay. I will move off this, Doctor. And if it's
8 truly that you are having a difficult time, using your best
9 efforts to get the reading, that's time to send somebody out
10 as well, isn't it?

11 MR. HANSEN: Object to the form.

12 A. If that's the reading you get, yes.

13 Q. (By Mr. Jones) Okay. O'Neil told us we take the
14 average for the patient's prior diastolic readings. What's
15 the -- the diastolic, is that the upper?

16 A. The lower one.

17 Q. So the UA would be the diastolic reading?

18 A. Yes.

19 Q. We take the average. Is that an appropriate thing
20 to do, Doctor?

21 A. I don't take averages ever. I would not ever do
22 that.

23 Q. You don't train people to do that, do you?

24 A. No.

25 MR. HANSEN: Time for a lunch break?

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1 Q. And that was in 2013?

2 A. No, that was -- gosh, might have been 2009.

3 Q. Did you have a role of some kind in convincing the
4 company to use the drug Suboxone, Doctor?

5 A. I have advocated for using this drug and it's been
6 on our protocol and it takes time to get doctors licensed
7 and to get them familiar with it. People are scared of this
8 drug.

9 Q. Okay. How long have you been advocating for the
10 use of the drug by Corizon?

11 A. Well, I liked how we used it at Doña Ana, it
12 worked really well, and so I've been talking about it for --
13 for -- for -- since that time, since about 2010, '11.

14 Q. Are there other addiction medicine specialists in
15 Corizon senior to you?

16 A. Well --

17 MR. HANSEN: At what time?

18 Q. (By Mr. Jones) Currently.

19 A. The other addiction medicine specialists have the
20 same qualifications as me who do addiction medicine but --
21 so am I senior, by senior, I'm the -- I'm the designated
22 substance abuse doctor for the company.

23 Q. You are. Okay. And how long have you been the
24 designated substance abuse doctor for the company?

25 A. Probably around five or six years.

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1 Q. So since 2012 or '13?

2 A. Somewhere around there. It's kind of been a vague
3 title, so I'm not sure of the actual time.

4 Q. Are there actual responsibilities -- what are the
5 actual responsibilities that come along with the title,
6 Doctor?

7 A. Basically it's --

8 MR. HANSEN: Object to the form.

9 A. -- it's to help them create protocols, to educate
10 about substance abuse, and to answer any questions from any
11 of the docs about substance abuse they may have.

12 Q. (By Mr. Jones) Is there anybody in the company
13 more knowledgeable about addiction medicine, substance abuse
14 than you?

15 A. There are a lot of good addictionists in the
16 company, yes. They may know more than me or less than me,
17 but they certainly are well-respected.

18 Q. Does Corizon currently have any protocols that
19 deal with the use of Suboxone in its facilities?

20 A. We're creating protocols, yes.

21 Q. So back in -- by April of 2014, I just want to
22 make sure I understand, there was a pilot program that had
23 been run by the program -- by Corizon, in conjunction with
24 the Department of Health in New Mexico and there was
25 somebody else within your region, I think, that you were

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1 supervising that was using Suboxone; is that accurate?

2 A. No. The person that I was supervising who was
3 using it would have been late 2014 or early 2015.

4 Q. So prior to April of 2014, it's your recollection
5 that it -- Suboxone was a drug that was not used outside of
6 the pilot program down in New Mexico by Corizon.

7 A. Correct.

8 Q. I believe Dr. McCarthy testified that he,
9 subsequent to his departure, prescribed Suboxone. Did it
10 ever come to your attention when he had gained that ability
11 to do so?

12 A. I have no knowledge of him having a license, and I
13 have no knowledge of him using the Suboxone.

14 Q. In terms of what drugs to use at the jail, did
15 Washington County have any input on which drugs should be
16 used at the jail?

17 A. Not that I'm aware of.

18 Q. That was solely within the purview of Corizon?

19 A. Yes. As far as I'm aware.

20 Q. Now, is your move within the company to get all
21 your physicians licensed to prescribe that medication?

22 A. That is my current move to get physicians at each
23 site to be licensed to use Suboxone.

24 Q. When you terminated Dr. McCarthy, you knew that he
25 was the only medical doctor on staff there at Washington

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1 County?

2 A. Yes.

3 Q. What was your plan about how the staff would be
4 told about that firing?

5 MR. HANSEN: Object to the form.

6 Q. (By Mr. Jones) If you had one?

7 A. I had no plan. This was not in my -- was not one
8 of my -- I had no plan.

9 Q. It would be important that somebody have a plan,
10 though, right, Doctor?

11 MR. HANSEN: Object to the form.

12 A. I guess.

13 Q. (By Mr. Jones) Well, the medical director is
14 there for a purpose, is he not?

15 A. Yes.

16 Q. And your staff needs someone to consult with from
17 time to time, I take it. That's part of the role of the
18 medical director, isn't it, Doctor?

19 MR. HANSEN: Object to the form.

20 A. Yes.

21 Q. (By Mr. Jones) So if you don't have somebody in
22 that position, is it important that the staff know --

23 THE COURT REPORTER: Sorry. Repeat that.

24 Q. (By Mr. Jones) -- who they are supposed to speak
25 with?

Ivor Garlick, M.D.

1 MR. HANSEN: Object to the form.

2 A. I had no knowledge of how they were going to
3 structure that after I left.

4 Q. (By Mr. Jones) But the understanding -- from a
5 patient safety standpoint, it was important to have an
6 acting medical director at that site at all times, wasn't
7 that true, Doctor?

8 MR. HANSEN: Object to the form.

9 A. Not necessarily.

10 Q. (By Mr. Jones) Did you know who Colin Storz was?

11 A. Yes.

12 Q. Physician's assistant there at Washington County
13 Jail?

14 A. Yes.

15 Q. He was -- Dr. -- or Colin Storz was asked the
16 question, who was the physician that you were licensed under
17 on April 24, 2014? And I will remind you, Doctor, that was
18 the day that Madaline Pitkin died. And his answer was, No
19 one on 24. That -- so that was -- the question: The date
20 that Ms. Pitkin died? Answer: That was no one.

21 Should someone have told Mr. Storz whether there
22 was an acting director some place?

23 MR. HANSEN: Object to -- object to the form.

24 Q. (By Mr. Jones) Because it impaired his ability to
25 practice medicine, did it not?

Ivor Garlick, M.D.

1 MR. HANSEN: Object to the form.

2 MS. AZEVEDO: I will join.

3 A. I guess under Oregon law, if he didn't have a
4 physician to supervise him, again, I -- I -- I -- I don't
5 know the details of that.

6 Q. (By Mr. Jones) So he was asked the question, Were
7 you working without a licensed physician? Correct? Answer:
8 Well, in terms of working, I mean, I was still a contracted
9 employee so I showed up to my place of employment but I was
10 not able to practice medicine.

11 Were you aware that Mr. Storz was not able to
12 practice medicine the day of Ms. Pitkin's death?

13 A. I can't remember if I was -- if I knew that or not
14 at the time.

15 Q. If Mr. Storz, the physician's assistant, was
16 unable to practice medicine, you had fired the medical
17 director doctor, and Mr. Storz didn't know who he was going
18 to practice under as of the time of her death, that would be
19 inconsistent with establishing a culture of patient safety
20 at Washington County, wouldn't it, Doctor?

21 MR. HANSEN: Object to the form.

22 A. Well, we had nurses, we had doctors in Clackamas
23 and in Lane County who could have been called. I had a
24 telemedicine license for Oregon. I could have been called.

25 Q. (By Mr. Jones) Who -- did you have an expectation

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1 veins, it's very difficult to do that.

2 Q. (By Mr. Jones) Do you know if they were
3 instructed to use IVs at the Washington County Jail to treat
4 dehydration?

5 A. You know, I -- I just can't say for sure. I -- I
6 don't know. I think so, but I can't be a hundred percent
7 sure. Because some of our sites do and some don't -- do
8 not.

9 Q. There are some sites that don't use IV,
10 intravenous therapy to treat dehydration?

11 A. Well, we don't use intravenous fluids unless it's
12 a real emergency but then we'd get them out.

13 Q. Get them out to a hospital?

14 A. Some of them -- I think all of them can but there
15 may be some that do not.

16 Q. When you say "get them out" --

17 A. Not all jails can give IV.

18 Q. All jails can provide IV --

19 A. Not all jails.

20 Q. Do you know whether Washington County could
21 provide IVs?

22 A. I -- I -- I can't remember.

23 Q. When you say "get them out," what did you mean by
24 that?

25 A. Get them out, send them to the hospital.

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1 Q. And what would prompt that?

2 A. Well, if they need an IV and they need fluids and
3 we can't give them, then we need to send them to the
4 hospital to get them...

5 Q. The administration of IV fluids within a jail, is
6 that, likewise, a statistic that would be tracked in some
7 fashion?

8 A. Well, I'm not so sure it's a statistic but we can
9 find out from each facility whether they are able to give it
10 or not.

11 Q. What I mean is, are those numbers available some
12 place, Doctor, if you wanted to look for them?

13 A. I don't know.

14 Q. The same nurse that I mentioned there, also
15 testified that she had never administered an IV for
16 dehydration brought on by drug withdrawal at the Washington
17 County Jail. Was she instructed not to do something like
18 that?

19 MR. HANSEN: Object to the form.

20 A. You would have to ask her.

21 Q. (By Mr. Jones) Let's put it this way. Would that
22 be consistent with her training by Corizon?

23 A. Unless they did not permit IV therapy to be given
24 in the jail, it's not something we teach.

25 Q. What don't you teach? You don't teach IV therapy?

Ivor Garlick, M.D.

1 Q. Okay. In this note on May 1, 2014, Ms. O'Neil
2 says, My RNs are overwhelmed right now, and I only have one
3 RN per shift. There are -- are there any plans to
4 renegotiate our contract and add staffing hours. As a
5 nurse, I really think we need two RNs and an LPN at an
6 absolute minimum per shift.

7 Did this ever come to your attention, Doctor?

8 A. Well, I probably knew about it. I mean, I can't
9 recall the details, but I knew they had some staffing
10 problems.

11 Q. Did you know the director of nursing felt like she
12 needed more people, and particularly more RNs, on staff at
13 the jail?

14 A. I -- same answer.

15 Q. Do you know whether Dr. Orr had been made aware of
16 this?

17 A. I don't know. I don't know.

18 Q. She says that it has long -- it has been a long
19 while since our staffing matrix has been revised and our
20 patient population has increased along with their acuity
21 levels, et cetera, and patient safety is an obvious concern.

22 So the director of nursing was concerned about
23 patient safety, she was concerned about staffing. Did that
24 come to your attention in May of 2014 when you came back as
25 regional director?

Ivor Garlick, M.D.

1 MR. HANSEN: Object to the form.

2 A. Well, in general I did know about this but the
3 specifics I do not remember knowing anything about. But
4 I -- I might have been told it. I did -- we did talk about
5 this.

6 Q. (By Mr. Jones) What do you recall generally was
7 the concern regarding staffing at the jail, Doctor?

8 A. That we had staffing problems, that there weren't
9 enough staff and we needed to increase our staff.

10 Q. Do you know how long those had been issues at the
11 jail when you came back as regional director in May of 2014?

12 A. No.

13 Q. But suffice it to say, those were -- those were
14 real issues when you took over on May 1 of 2014. Would that
15 be accurate?

16 A. Yes.

17 Q. On swing shift and night shift, having only two
18 nurses scheduled seems concerning. Did anyone tell you -- I
19 suppose it's the same thing, Doctor. Did anyone tell -- did
20 anyone tell you about that concern from the director of
21 nursing?

22 A. I think I've answered that.

23 Q. Okay. Do you know if that staffing concern was
24 eventually addressed there at Washington County?

25 A. It was addressed, yes, by staffing.

Ivor Garlick, M.D.

1 there, your medical providers at Corizon, that with regard
2 to opioid withdrawal, that those who are experiencing severe
3 opioid withdrawal may or may not need an ER transfer?

4 A. Do I train them? Do I tell them? Yes.

5 Q. **Discuss with the site physician?**

6 A. Yes.

7 Q. **So under certain circumstances, those experiencing**
8 **severe opioid withdrawal may not need to go to the ER**
9 **pursuant to the policies and procedures of Corizon.**

10 A. **Correct. Again, it depends on what they are**
11 **presenting with.**

12 Q. The physician on site should always be notified of
13 patients experiencing moderate or severe withdrawal
14 symptoms. Would you agree with that, Doctor?

15 A. Yes. Yes.

16 Q. And that's -- that's a part of the policies and
17 procedures there at Corizon, is it not?

18 MR. HANSEN: Object to the form.

19 A. I'm not sure if it's written down like that in the
20 policies and procedures, but it's something we would
21 recommend.

22 Q. (By Mr. Jones) Okay. Here, Doctor, let me give
23 you one other exhibit, number 8.

24 MR. HANSEN: Tell me what it is.

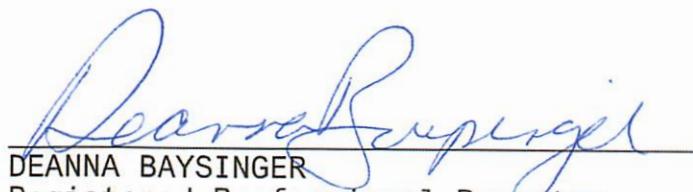
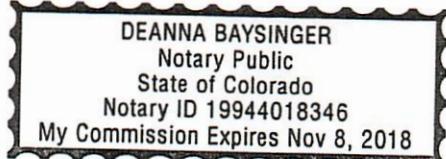
25 MR. JONES: 4766.

CERTIFICATE OF COURT REPORTER

I, DEANNA BAYSINGER, a Registered Professional Reporter and Notary Public within and for the State of Colorado, commissioned to administer oaths, do hereby certify that previous to the commencement of the examination, the witness was duly sworn by me to testify the truth in relation to matters in controversy between the said parties; that the said deposition was taken in stenotype by me at the time and place aforesaid and was thereafter reduced to typewritten form by me; and that the foregoing is a true and correct transcript of my stenotype notes thereof.

That I am not an attorney nor counsel nor in any way connected with any attorney or counsel for any of the parties to said action nor otherwise interested in the outcome of this action.

My commission expires: November 8, 2018.



DEANNA BAYSINGER
Registered Professional Reporter
Notary Public, State of Colorado